

CPRC Mission

Canna Patient Resource Connection (CPRC) was formed to:

- Provide education to communities, businesses, and elected officials with intentions to improve the understanding of phytocannabinoid use as part of an overall treatment plan.
- Help break stigmas surrounding the therapeutic use of cannabis.
- To provide both educational and resource support to the cannabis patient population as the plant undergoes the harsh transition from an illegal drug to having accepted therapeutic and recreational uses.

Through collaboration with a variety of community entities, CPRC hopes to provide education that can save lives, help the therapeutic industry keep its patient needs in mind, and improve the lives of cannabis patients.

In Partnership With:



CANNA-PATIENT RESOURCE CONNECTION

For more information
contact:

Canna-Patient Resource Connection

Cannabis and Cancer



Things to Know

- ◆ Cancer requires an **individualized treatment plan**, as different ratios of cannabinoids are helpful in different cancers. There is not one general protocol for cancer that fits everyone.
- ◆ The 60 grams in 60 days regimen commonly touted is extremely flawed and not a good measure of treatment, but can be a starting point if you can't find a cannabis doctor
- ◆ Those using cannabinoid therapy as disease management will be on it for life, else risk recurring cancer. Often cancers come back when cannabis is stopped.
- ◆ Most patients choose to use cannabis as a co-therapy along with pharmaceutical treatments, and those patients report the most long term success.
- ◆ For direct disease impact, you will need consistent access to large amounts of cannabis. These amounts are often still considered illegal.
- ◆ Work up to the dose decided by your cannabis doctor slowly, but **DO NOT USE CHOLINE** as it can increase angiogenesis.

Methods

- ◆ **Inhaled** is for acute symptoms and symptom management. Think *immediate release therapy!* It can be extremely helpful with nausea, spasms, headaches, and other symptoms needing something quick. Using an inhaled method while waiting for an edible to take effect can help ease symptoms.
- ◆ **Ingested** cannabis is used primarily for stronger pain and chronic/terminal illness management. Oral cannabis is more like an *extended release therapy*, and lasts longer with stronger effects. **Start low and slow as a general rule, less than 5mg as a first dose, just to see how you react.**
- ◆ **Suppositories/Inhalers/Nasal Sprays** are helpful when larger dosing is needed or other methods are not practical. Nasal sprays are useful in seizure rescue dosing.
- ◆ **Topicals** can be game changers for muscle and joint pains, skin issues, and to help layer your therapy to increase dosing.



Direct Disease Management

- ◆ In Studies, several cannabinoids have been shown to cause **apoptosis**, or cell death.
- ◆ By helping to inhibit **angiogenesis**, cannabinoids may help shut down the growth source for various tumors.
- ◆ Studies suggest cannabis may **prevent proliferation** – increases JunD protein to turn off DNA synthesis.

Symptom Management

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| Skin issues |
| Pain |
| Neuropathy |
| Insomnia |
| Spasms |
| Depression/Anxiety |
| Blood Pressure |
| Nausea |

This information is not intended as medical advice and none of these statements have been evaluated by the FDA. Take this information back to your medical team and use it to make informed decisions.